



Have Fun - Make Friends - Get Fit

Inclusive Cycling on the running track at Longford Park Stadium

Mondays & Fridays 9 – 12noon
Sundays 1 – 3pm

(Access via Park entrance on Ryebank Road, M21 9TA)

Ready for some pedal powered fun!? We have over 100 different bikes and trikes, tandems and go-carts to try out and ride around the running track. With bikes to suit all ages and all ability, no experience needed, we provide a safe, welcoming and friendly space to enjoy riding a bike. £3.50 per rider, come and give it a try!

