

## Local Facilities

### Places for lunch

It will be necessary to bring all food and drinks with you. Some locations that might be suitable for a group to sit together for lunch include:

- inside the former Longford Hall where there is bench seating
- in the formal gardens to the east of Longford Hall where there is bench seating
- in the Wildlife Garden, adjacent to the formal gardens near the athletic Stadium where there is bench seating and metal blocks to sit on for around 10 people.
- playground in the northern section which has large rocks to sit on

### Toilets

There are no toilets or washing facilities in the Park.

### Shelter

There is limited sheltered space within the Park. There are covered areas at the northern edge of the formal gardens. It would also be possible to shelter under the eaves of the former cafe near the playground in the southern section of the park.

### Emergencies

Longford's Health and Fitness Club is open to the public at the athletics stadium and is currently open Monday-Thursday 7 am-9 pm, Friday 7 am-8 pm, Saturday 9 am-5 pm, Sunday 10 am-4 pm. Telephone (0161) 860 0956.

The nearest hospital accident and emergency services are at Manchester Royal Infirmary, Oxford Rd, Manchester M13 9WL. Telephone 0161 276 1234.

Longford Park is managed by Trafford MBC who can be contacted at:

Access Trafford Contact Centre, Sale Waterside, Sale M33 7ZF

[access.trafford@trafford.gov.uk](mailto:access.trafford@trafford.gov.uk)

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